



**PROGRAM AND REGULATION**  
**of the 53rd Athletics Meeting 2024**  
**"C.U.S. TRIESTE"**  
**"Io sono Friuli Venezia Giulia"**

C.U.S. Trieste organizes the 53rd Athletics Meeting at "G.Draghicchio" Campo Cologna in Trieste on **Saturday, 14th September 2024**.

**EVENT: REGIONAL MEETING.**

Pursuant to art. 9 of the Regulations for the organization of FIDAL 2024 events, the regional event is open:

- to Italian and foreign athletes registered for any Italian club affiliated with FIDAL;
- to foreign athletes registered with clubs in Slovenia, Croatia and Austria.

**LOCATION: "G.Draghicchio" Campo Cologna, Via Giovanni Amendola 1, 34134 Trieste**

**ORGANIZATION: A.S.D. C.U.S. Trieste** - Via Alfonso Valerio 8/3 34127 Trieste - tel. 040 5587651 - e-mail [cus@units.it](mailto:cus@units.it)

**PARTICIPATION:** All FIDAL 2024 athletes of categories A / J / P / S can participate.

**REGISTRATION:** Registrations for FIDAL Members must be made exclusively ON-LINE by connecting to the website [www.fidal.it](http://www.fidal.it) - On Line service by Wednesday 11<sup>th</sup> September 2024 9PM. Online confirmations for Italian athletes will be made from Thursday 12<sup>th</sup> September 2024 8AM to Friday 13<sup>th</sup> September 2024 6PM.

**Foreign athletes** must send the registration to CUS Trieste by email to [cus@units.it](mailto:cus@units.it) using the **Registration form** no later than Wednesday 11<sup>th</sup> of September 2024 9PM.

For foreign athletes, confirmations must be made during the Juries and competitors meeting time.

**RACE FEE:** for each athlete there is a cost of **€ 5,00**.

For Italian athletes, payment can be made by bank transfer to the current account in the name of ASD CUS Trieste with IBAN **IT 95 B 02008 02223 000005448393**. The purpose of the bank transfer must be indicated: **registration of the CUS Trieste meeting 14<sup>th</sup> of September 2024 - SURNAME AND NAME of the athlete - company to which he/she belongs.**

**COPY OF THE BANK TRANSFER WILL BE EXHIBITED AT THE TIME OF CONFIRMATION OF ENROLLMENT IN THE FIELD.** Exceptionally, payment can be made in the field.

Only Foreign athletes will have to pay the tax **directly** on the field.

**IMPORTANT: No registrations will be allowed on the spot but only cancellations.**

**RULES:** "Allievi" will compete with equipment, height and distance among obstacles of the "Assoluti" category; races' series will be formed taking into account the times declared at the time of registration for foreign athletes.

Each athlete can attend to two races maximum.

**NOTES:** Fully automatic timing.

Athletes will have to present themselves spontaneously at the "call room" with the **federal card stamped for 2024** and / or an identification document **at least 20 minutes before the start of their race.**

Any claims have to be submitted in writing and accompanied by the relative fee of € 50,00, in the first instance, within 30' of the announcements of the result of the race on which it is intended to claim. Although not covered by these Regulations, all current FIDAL and GGG rules apply for 2024.

C.U.S. Trieste and FIDAL decline any responsibility for what may happen to athletes, companions or third parties, before, during and after the event.

#### RACE PROGRAM 14<sup>th</sup> September 2024

<b>Male competitions</b>	<b>100</b>	<b>200</b>	<b>400</b>	<b>800</b>	<b>Long jump</b>			
<b>Female competitions</b>	<b>100</b>	<b>200</b>	<b>400</b>	<b>800</b>	<b>100 hurdles</b>	<b>Long jump</b>	<b>High Jump</b>	
<b>C.I.P. competitions</b>	<b>100</b>	<b>Shot put</b>						

#### SCHEDULE

13.45	Juries and competitors meeting
15.15	100hurdles F - Long jump M ( <b>Prata Trophy</b> ) High jump F ( <b>Mihcich Trophy</b> )
16.00	100 meters and Shot put for disabled athletes (C.I.P)
16.10	100 F series ( <b>Esca Trophy</b> )
16.40	100 M series ( <b>Pemper Trophy</b> )
17.10	800 M - Long Jump F
17.25	800 F
17.40	400 M ( <b>Zafred Trophy</b> )
17.50	400 F ( <b>Piccini Trophy</b> )
18.10	200 M series
18.30	200 F series

**IMPORTANT: the definitive timetable will be published on Friday 13<sup>th</sup> September 2024 based on registrations received.**

If it allowed, at the end of the event will be offered a buffet.

#### Important notices:

**Use of the changing rooms and showers is allowed.**

#### Awards:

**Medals for the top three finishers of each race.**

**The winner of each race will be awarded a prize worth €100,00.**

To honor the memory of the referees Giuseppe Esca and ing. Stelio Zafred, their respective families will provide a cup that will be given to the winner of the **women's 100 meters** and **men's 400 meters** respectively.

The F.I.C.R. Group of Trieste, to honor the memory of the missing "friends" (Toni Pemper, Fulvio Prata, Silvio Piccini, Roberto Mihcich), will offer four cups that will be awarded respectively to the winner of the **men's 100 meters**, the **men's long jump** and the **women's 400 meters** and **women's high jump**.